



# GOLDEN RULE SERVICES MEDIA ADVISORY

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## **June 27 is National HIV Testing Day A day to get the facts, get tested, and get involved!**

**SACRAMENTO, CA** — Around 1.2 million people in the United States are living with HIV, and one in every eight people don't know they have it. Nearly 45,000 people find out they have HIV every year. HIV testing is the gateway to prevention and care.

People who test negative have more prevention tools available today than ever before. People who test positive can take HIV medicines that can keep them healthy for many years and greatly reduce their chance of passing HIV to others. Learn more about living with HIV. More than 90% of new HIV infections in the United States could be prevented by testing and diagnosing people living with HIV and making sure they receive early, ongoing treatment.

What Can You Do? Get the Facts. Learn about HIV, and share this life-saving information with your family, friends, and community. Tell them about the importance of making HIV testing a part of their regular health routine. Get Tested. Knowing your HIV status gives you powerful information to help keep you and your partner healthy. CDC recommends that everyone between the ages of 13 and 64 get tested for HIV at least once as part of routine health care. People with certain risk factors should get tested more often. Learn what those risk factors are and how often you should be tested.

For over 18 years, Golden Rule Services has successfully provided a variety of award-winning HIV and STD education, prevention, risk reduction and other important services. Our mission is to reduce health, education, employment and criminal justice disparities within diverse and underserved communities through the provision of culturally competent programs and resources. Some of the communities we serve include People of Color, youth, gay, lesbian, bisexual and transgender, substance users, low income community members, people living with HIV, exoffenders, and the uninsured and underinsured.

We encourage everyone to come out and get educated, get tested, get involved, and get treated around HIV/AIDS at our offices at 4433 Florin Road Suite 860, Sacramento, CA 95823. You do not need to make an appointment, although for faster service we do encourage you to call and schedule a time with us.