

# Golden Rule Services

4433 Florin Road, Suite 860

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(916) 427-4653

goldenruleservicesacramento.org



## Summer 2017 Golden Rule Services Newsletter

The first half of 2017 has seen a number of amazing happenings and changes for Golden Rule Services (GRS). The first of which is **WE'VE MOVED!** In June 2017, GRS moved our offices - right across the hall! Our new office, located in the same building, is now across the hall in Suite 860. Our new larger space allows us to provide a more welcoming, spacious area for our clients. Stop by and pick up the latest STD/HIV/PrEP information, some condoms, and inquire about rapid testing while here. 4433 Florin Rd, Ste. 860.

On February 7th, GRS held its annual National Black HIV/AIDS Awareness Day event. GRS was able to feed over 50 people, educate and hand out information on PrEP, needle exchange services and HIV and STD prevention, and test 27 individuals for HIV. This is more testing conducted than any prior NBHAAD event! GRS Founder and Executive Director Clarmundo Sullivan was presented a resolution from Assemblyman McCarty in recognition of his lifelong dedication to ending disparities in People of Color communities as well as his work in the fight against HIV/AIDS.

GRS was proud to once again have been a part of the NorCal AIDS Cycle, raising much needed funds to support HIV/AIDS-related services within the inland Northern California region. If you would like to join our 2018 GRS team, please call 916-427-4653. GRS also participated in the 2017 Big Day Of Giving, Sacramento Pride Fair, and sponsored a number of local events including the California La Femme Magnifique Pageant. We will also be distributing educational and prevention materials at the upcoming Sacramento Rainbow Festival on Sunday September 3, 2017.

From January to June, 2017 Golden Rule Services has conducted 274 HIV tests, 150 STI tests (7 testing positive for chlamydia and 2 for gonorrhea), 85 Hepatitis C tests (20 testing positive), distributed 9,075 condoms, 2,120 personal lubricants, 15,430 sterile syringes, 1,235 risk reduction brochures, and 7,800 other harm reduction items.

(More information on back...)

## Seeking Board Members

GRS is seeking individuals with professional backgrounds to join their Board of Directors for 2015. We encourage those with backgrounds in, or currently working in the fields of, law enforcement, education, employment development, social work, mental health, banking and finance, politics, and law. We strive to maintain a diverse board and encourage applicants from the People of Color, youth, HIV-positive, LGBT and differently-abled communities.

Our board members actively participate in fundraising, community outreach, and furthering our mission objectives. We encourage GRS board members to become active participants in the communities we serve.

Call Clarmundo at 916-427-4653

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### HIV Meds Likely Drive Falling HIV Rate

After two decades of stagnation, the Centers for Disease Control and Prevention's (CDC) estimate of the annual number of new HIV infections in the United States fell 18% between 2008 and 2014, from 45,700 to 37,600 per year. Read more at [Goldenruleservicesacramento.org](http://Goldenruleservicesacramento.org)

### Why Are Black Men Falling Behind When it Comes To Antiretroviral Therapy?

([hivplumag.com](http://hivplumag.com)) - The number of HIV-Positive guys on antiretroviral therapy is increasing, just not for Black men. Last February, the Centers for Disease Control and Prevention released a report predicting that one out of every two gay, bisexual, or same-gender loving Black men will become HIV-positive in their lifetime unless we do something about it. Read more at [Goldenruleservicesacramento.org](http://Goldenruleservicesacramento.org)

### GetTested.com Allows Users To Test At Home For 13 Different STIs

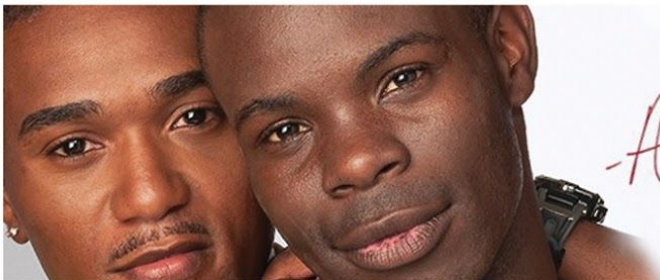
Getting tested at a clinic can be embarrassing and stressful, which is why OraQuick—the first at-home HIV test, which you can buy at your local pharmacy—is popular among certain groups. Now a new test, from GetTested.com, allows users to test at home for 13 different sexually transmitted infections. This new and improved test is also perfect for non-monogamous couples looking for a regular testing option without having to make repeated trips to a doctor's office. Read more at [Goldenruleservicesacramento.org](http://Goldenruleservicesacramento.org)

### USB Stick Can Test HIV Viral Load

Scientists have developed a USB stick that can measure an HIV-positive person's viral load. Using a drop of blood, the stick can be plugged into a computer, laptop or handheld electronic device to give results within half an hour. Read more at [Goldenruleservicesacramento.org](http://Goldenruleservicesacramento.org)

### HIV Risk Factors in People Living With Hepatitis C

Looking to understand what factors can help predict whether someone with hepatitis C virus (HCV) will later contract HIV, researchers analyzed data from the British Columbia Hepatitis Testers Cohort. Read more at [Goldenruleservicesacramento.org](http://Goldenruleservicesacramento.org)



**I am** a best friend,  
a poet,  
and a cook.  
*-Antwon*  
And **I'm living with HIV.**

Please make your tax-deductible donation to GRS today! [goldenruleservicesacramento.org](http://goldenruleservicesacramento.org)